



30 Days to Joy

Barbara Schreiner-Trudel

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Barbara Schreiner-Trudel has lived a colorful life filled with hardship, but now she enjoys a life filled with love and joy. There came a moment in her life when nothing was working and a change was needed. Barbara changed her life, and as an author, speaker and coach, she shares the tools necessary to shift your life into a place of real and lasting joy. Since 1998, Barbara has been speaking and coaching thousands of people to live in joy. As an ordained minister, she has inspired people to create new careers, fulfilling relationships, experience greater fulfillment, freedom and peace of mind. It is her sincere desire to have you experience more joy in your life, beginning today...





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