



**Minimalism: The Mindful Minimalist: 30 Days to Simplify Your Life (How to Declutter, De-Stress, & Live Simple, Minimalist Budget, Minimalist Living, Minimalism ... Living, Simple, Feng Shui, Back to Basics)**

*Mitch Gardner, Janice Gray*

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## **Minimalism: The Mindful Minimalist, 30 Days to Simplify Your Life (How to Declutter, De-Stress, & Live Simple, Minimalist Budget, Minimalist Living, Minimalism made easy, Minimalism Wardrobe)**

Discover how the mindset and philosophy of Minimalism can take back your time, life, energy, and well-being. A mindset tested over thousands of years with powerful results!

In this book, you will be given Step-By-Step Methods and Hacks To Freedom from Consumerism, clutter, stress, and simple living. You will learn practical strategies to help you achieve a higher level of freedom and time wealth than ever before! The minimalist mindset is one of the most critical factors to living out your life goals and dreams.

### **Here is a Brief Preview of what you will learn and apply to your life**

...

And much, much more!

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Tags: Simple, Minimalism, Simplify Your Life, Minimalist, Minimalist Budget, Minimalist Wardrobe, Style, clutter.

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