



Sushi at Home: The Beginner's Guide to Perfect, Simple Sushi

Yuki Gomi

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Yuki Gomi's *Sushi at Home* is a beautifully designed cookbook that will show, for the first time, how easy it is to make sushi at home

Do you love buying sushi for lunch, enjoy eating at Japanese restaurants for dinner, but think sushi is too difficult to make at home?

Well, think again!

In *Sushi at Home*, Japanese chef and sushi teacher Yuki Gomi shows you just how easy - and inexpensive - making delicious and beautiful looking sushi can be.

Learn:

- Everything you need to know about how to buy and prepare fish, from salmon to scallops, from tuna to mackerel.
- The joys of cling film and the technique of rolling step-by-step and why a hairdryer is essential for making the all-important perfect sushi rice.
- Clever alternatives to traditional sushi styles (handball sushi; vegetarian sushi; soba sushi).
- Fresh twists on classic recipes (miso soup with clams; prawn salad with tahini mustard dressing).

Sushi at Home is all you need to master the art of making light, delicious and healthy sushi in your own kitchen.

Yuki Gomi is a Japanese chef who has taught thousands of people how to make their own sushi. After studying at Le Cordon Bleu in Chicago, she trained under a master noodle chef, before moving to London and beginning to teach Japanese home cooking classes. *Sushi at Home* is her first book.

www.yukiskitchen.com

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Michelle Labat:

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