



My Journey - Three Levels of Healing: Feeling, healing and understanding Emotions (Volume 2)

John J Rieger

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This is the second book in the trilogy, and contains key mental and emotional insights and understandings that I've gained through three profound healing experiences that I also share. It covers numerous topics related to the human psyche; focusing on the Divine Feminine (intuition, feelings and emotions) and Masculine (thoughts) of our Being

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