



# Once Broken: A Pathfinder to Emotional Healing and Health

Chris Schimel

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Chris Schimel...is worthy of being heard by both fellow pastors, and all those in Christ's kingdom who are willing to grow in real understanding. Jack W. Hayford Once Broken goes beyond identifying and addressing the problem of emotional ill-health. It provides a biblical solution, and does so with descriptive and yet humble examples from the author s personal experience. Archibald Hart, Ph. D., Sr. Prof. of Psychology/Dean Emeritus, Grad. School of Theology, Fuller Seminary Without religious rhetoric and tired self-help formulas, Once Broken reaches beyond the norm and lifts perspective to the One and Only True Source of healing. Dr. Glenn C. Burris, Jr., President, The Foursquare Church Once Broken takes a good look at the impact we have on others damaging and redeeming. It serves as a good pathway for those wanting to understand brokenness and move to wholeness. Bishop Matthew Thomas, Free Methodist Church I was blown away by the author s candid transparency. I immediately thought of many who need to read it. Bobby Murietta, Sr. Pastor, Triumphant Life Church The book affected me deeply and I found myself wrestling with my own issues in ways that were sobering, but also healing and freeing. I would recommend it for everyone. Jeff Bellinger, Sr. Pastor, Free Methodist Church You can trust Once Broken to guide your parishioner on a biblically based path to lasting healing. Alma Thompson, Superintendent, Free Methodist Church Chris peels back layers of his life to apply biblical truths for health and healing. Highly recommended! Jim Stamp, Pastor, Westside Church Pastors and counselors should keep copies of Once Broken on their shelves. Dave McCarthy, Sr. Pastor, Free Methodist Church I am praying that through this book many will find the healing for which their hearts most long. Bishop David Kendall, Free Methodist Church



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