



Mennonite Recipes from the Shenandoah Valley

Phyllis Good

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Mennonite Recipes from the Shenandoah Valley Phyllis Good

Known for its piercing mountain ranges, its soft hilly pastures, and its Civil War secrets, Virginia's Shenandoah Valley is also the home of thousands of Mennonites. Their foods are as lush and as whole as the land on which they are grown and prepared. Here are hundreds of those uncommonly tasty recipes, gathered from a comforting food tradition, rooted in the old South. Includes color photographs of the community and its people, and historic sketches of many of the Valley's small towns.

Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a *New York Times* bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

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