

Forging Grit: A Story of Leadership Perseverance

Mike Thompson, Stephen Caldwell



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Forging Grit is a fictional story that brings to life the science-backed theory that grit matters, and that any leader can develop it. Set in Nepal, it recounts the experiences of a business leader who encounters some extreme misfortune while taking a break from a special assignment in India. Through his own pain and suffering and through witnessing the ingenuity and grit of the people in a remote tribal village, this leader learns some life-changing lessons about what grit is, why it matters, and how to develop it.

Thompson and Caldwell unpack an understanding of grit as a passion for getting something done and the fortitude to see it through even when obstacles seem overwhelming. People with grit establish who they are and what they believe, demonstrate perseverance and tenacity, and approach challenges with a passion that fuels their drive to accomplish the things they need to get done. *Forging Grit* not only paints a picture of what grit looks like, it provides tools to help you develop it as a skill for your work and personal life.

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