

### Now What Do I Do?: The Woman's Guide to a New Career (Capital Ideas for Business & Personal Development)

Jan Cannon



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For women at a turning point in their lives—learn how to get out of a dead end job, find a new career, start that dreamed-about business, move in new directions.

"An entire career can be started, developed, and completed in the active years before Social Security or retirement benefits begin," says veteran Boston career counselor Jan Cannon. In "Now What Do I Do?" she shows you a new way of looking at yourself and the many opportunities that await you.

Inside you'll discover how to :

- Develop a clear sense of your strengths, talents, interests and mid-life goals
- Conduct research into all the career choices available to you
- Write a resume geared to each job you want
- Be a persuasive, informed interviewee, and much, much more.

Pick up your pen and dig into Jan's workbook-like format, complete with self-assessment exercises and illustrated throughout by inspiring examples drawn from her clients. When you finish this book, you'll know how you can make the most of the rest of your life!

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