



The Sacred Disease: My Life with Epilepsy

Kristin Seaborg MD

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The Sacred Disease: My Life with Epilepsy Kristin Seaborg MD

Young Kristin Seaborg had the world at her fingertips: a loving family, happiness and security, early admission to medical school--until the frightening diagnosis of epilepsy threatened to destroy both her career path and her health. Living in constant fear that her seizures would intensify and prevent her from practicing medicine, Kristin kept her condition a closely guarded secret, leading a tenuous double life as patient and practitioner. A memoir of discovery, acceptance, and hope, The Sacred Disease chronicles Kristin's tenacious fight for a seizure-free life. Remarkably, although Kristin's knowledge and expertise continue to develop as a pediatrician and mother, her experiences as a vulnerable patient provide the most valuable lessons of all.



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