

Dyslexia And Alternative Therapies (JKP Essentials)

Maria Chivers

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This comprehensive book offers clear and balanced information on a range of alternative therapies for individuals with dyslexia, dyscalculia, dyspraxia or ADHD. The author provides an overview of each therapeutic option, method of use and case examples, covering nutritional supplements, massage, acupuncture and hypnotherapy, among others. She also includes contributions from experienced alternative therapists, offering an insider's view of what works and what does not. Her objective approach will enable the reader to make an informed choice from among the many available options. A bibliography and a list of useful contacts are also provided. This book is a key resource for anyone interested in exploring alternative therapy approaches to dyslexia and related difficulties, particularly for parents of people with dyslexia, dyslexics themselves and the professionals who work with them.



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