



One Step at a Time: From Cape Reinga to Bluff - Te Araroa Trail

Shalane Hopkins

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Having met while travelling in Australia, both women were looking for an unique way of seeing New Zealand and figured that while they were walking the entire length of the country, they should invest their time into giving back to the world. They opted to raise money for Indigo Foundation (Australia-based) and their Solomon Island project. A total of \$3000AUD was raised which is enough to run the entire project for 6 months.

The entire 171 day adventure (finishing April 3, 2011) took Ward and Hopkins over mountain ranges, across rivers, through farmland, along coastline and into areas of New Zealand that many Kiwis don't even know exist. The adventure tested not only their physical stamina, but their mental strength as well. A journey that started out as one to explore a country and raise money for a cause turned into something so much more that pushed both Alex and Shalane beyond anything they couldn't have imagined. Having to face their own strengths and weaknesses, both women learned as much about themselves as they did about the land they walked over.

This is their journey. Their story. Their adventure. One step at a time.

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Spent a free the perfect time to be fun activity to perform! A lot of people spent their free time with their family, or their particular friends. Usually they undertaking activity like watching television, planning to beach, or picnic within the park. They actually doing same task every week. Do you feel it? Do you wish to something different to fill your personal free time/ holiday? Might be reading a book may be option to fill your free time/ holiday. The first thing that you'll ask may be what kinds of reserve that you should read. If you want to try look for book, may be the reserve untitled One Step at a Time: From Cape Reinga to Bluff - Te Araroa Trail can be very good book to read. May be it is usually best activity to you.

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A lot of people always spent their free time to vacation as well as go to the outside with them family or their friend. Were you aware? Many a lot of people spent that they free time just watching TV, as well as playing video games all day long. If you wish to try to find a new activity here is look different you can read a new book. It is really fun for yourself. If you enjoy the book that you simply read you can spent 24 hours a day to reading a e-book. The book One Step at a Time: From Cape Reinga to Bluff - Te Araroa Trail it doesn't matter what good to read. There are a lot of people that recommended this book. These were enjoying reading this book. When you did not have enough space to bring this book you can buy typically the e-book. You can m0ore very easily to read this book from your smart phone. The price is not too costly but this book features high quality.

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