



The Truth About Carpal Tunnel Syndrome: Finding Answers, Getting Well

Jill Gambaro

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It can start in any number of ways: A legal secretary notices a strange buzzing in her palm. It soon spreads to a fiery ache across her entire upper body. Within a few months, she becomes totally disabled. Trapped in the medical and legal systems without any answers, she desperately attempts to regain her health and her livelihood.

Fifteen percent of Americans suffer from pain associated with Carpal Tunnel Syndrome, but only 5 percent ever receive that diagnosis. Medical science does not agree on what causes it or even if it exists. Technology has caused incidents to skyrocket, making nearly everyone susceptible—even teenagers and children. It is the number one occupational illness in the United States, and the most common cause of physical disability in the world, costing approximately \$850 billion a year in this country alone.

The Truth About Carpal Tunnel Syndrome is a compelling patient account of this controversial injury. Using layman's terms, the book describes why it's so difficult to treat, how the author learned to manage hers, and how the medical and legal systems work in conflict to those suffering such injuries. Offering hope to sufferers and their loved ones, this book captures the reality of carpal tunnel syndrome and suggests ways for dealing not just with the injury but with the systems in place to deal with the losses associated with carpal tunnel syndrome.

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Barbara Roundtree:

Reading can called brain hangout, why? Because if you are reading a book especially book entitled The Truth About Carpal Tunnel Syndrome: Finding Answers, Getting Well your mind will drift away trough every dimension, wandering in each aspect that maybe mysterious for but surely might be your mind friends. Imaging every word written in a reserve then become one form conclusion and explanation that maybe you never get ahead of. The The Truth About Carpal Tunnel Syndrome: Finding Answers, Getting Well giving you another experience more than blown away the mind but also giving you useful facts for your better life within this era. So now let us demonstrate the relaxing pattern the following is your body and mind are going to be pleased when you are finished examining it, like winning a casino game. Do you want to try this extraordinary shelling out spare time activity?

Kathy Ahmed:

This The Truth About Carpal Tunnel Syndrome: Finding Answers, Getting Well is great guide for you because the content that is full of information for you who else always deal with world and possess to make decision every minute. This book reveal it details accurately using great manage word or we can state no rambling sentences in it. So if you are read that hurriedly you can have whole information in it. Doesn't mean it only will give you straight forward sentences but hard core information with wonderful delivering sentences. Having The Truth About Carpal Tunnel Syndrome: Finding Answers, Getting Well in your hand like getting the world in your arm, facts in it is not ridiculous 1. We can say that no book that offer you world with ten or fifteen second right but this reserve already do that. So , this is certainly good reading book. Hello Mr. and Mrs. active do you still doubt that will?

Jennifer David:

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