

# WEEK OF POWER: Your 7-Day Course to Kill Laziness, Boredom, and Procrastination Once And For All

D/C Russ

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WEEK OF POWER is your 7-day cure for:

- \* Laziness
- \* Boredom
- \* Procrastination
- \* Uncertainty
- \* Hangovers
- \* Excuses
- \* Lack of Discipline
- \* No Confidence
- \* Low Self Esteem
- \* Reduced Energy Levels
- \* The "poor me :( "Syndrome
- \* ...and much more

#### Here's how it works:

Each day has its own unique objectives you must fulfill. You will have to complete a quick exercise, answer a couple reflection questions, or perform a ritual that's both fun and effective. In addition, you're given a checklist of items that you must follow everyday.

I've personally taken and successfully completed WEEK OF POWER. The results were truly astonishing for me. Prior to taking the course, I was in an awful slump: lazy, depressed, sleeping all day, unmotivated, drinking too much, etc.

WEEK OF POWER changed all of this for me and within just one day of taking the course, my life did a complete 180. See my results for yourself: http://align-mentality.com/dcweekofpower.html

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In this chaotic world, they say the only person you have power and control over is yourself. On one hand this statement is true.

But on the other hand, by changing your own mind about the world, the world automatically changes itself. **Use this power!** If not, you will become stagnant, left with only *a handful of excuses*.

So, take control of your life...act now and then follow through with your decision.

You're just one week away from one of the most liberating feelings of accomplishment you've had in a long

time.

TO POWER,

D/C Russ

be bold. stay strong.



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