

# Your Life in Your Hands: Understand, Prevent and Overcome Breast Cancer and Ovarian Cancer

Professor Jane Plant

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### Your Life in Your Hands: Understand, Prevent and Overcome **Breast Cancer and Ovarian Cancer**

Professor Jane Plant

Your Life in Your Hands: Understand, Prevent and Overcome Breast Cancer and Ovarian Cancer Professor Jane Plant

This book is a First person account of a professor Dr. Jane plant's, survival guide in dealing with breast cancer. Dr. Jane makes an analysis regarding western cultures food consumption vs food consumption from farms in Asia to reach the conclusion that the food that we eat contain substances that feed cancer cells



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