



# Abnormal Psychology (3rd Edition)

*Thomas F. Oltmanns, Robert E. Emery*

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**Abnormal Psychology (3rd Edition)** Thomas F. Oltmanns, Robert E. Emery

This book uses an engaging and innovative systems approach to integrate biological, psychological, and social perspectives, and explain the causes of abnormal behavior in one concurrent story. Scientific methods are presented in a clear, unique, and non-threatening manner, and are based on the most current research. Detailed case studies open each chapter, and historical background information is included to give readers interesting, “real-life” examples of abnormal behavior, while illustrating the fact that this book is not about “them.” It’s about all of us. It features hundreds of references, and special focus on the “allegiance effect” in psychotherapy treatment research. Other coverage includes PTSD and the lasting effects of sexual assaults on women; HIV/AIDS and minorities; findings that trauma and stress lead to improved physical health; autistic disorders; childhood disorders; eating disorders; substance abuse and addiction; controversies about the use of Ritalin in treating ADHD; the improving physical and mental health of the new generation of older adults; and legal issues surrounding abnormal psychology. For individuals interested in the psychology of abnormal behavior.

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